Supplementary Table S3 The content of extracts in C Group and F Group.

| No. | Content of extracts (%) | | N. | Content of extracts (%) | |
|-----|-------------------------|------------------|-------|-------------------------|------------|
| | C Group | F Group | - No. | C Group | F Group |
| Ct1 | 50.01±0.00 | 49.64±0.00 | Ct10 | 48.15±0.00 | 44.17±0.00 |
| Ct2 | 49.40±0.01 | 51.76±0.02 | Ct11 | 48.82±0.00 | 50.08±0.13 |
| Ct3 | 49.37±1.40 | 45.12±0.85 | Ct12 | 47.64±0.29 | 44.74±0.16 |
| Ct4 | 51.47±0.00 | 48.78 ± 0.00 | Ct13 | 49.60±0.75 | 46.19±2.46 |
| Ct5 | 47.22±0.00 | 46.66 ± 0.00 | Ct14 | 49.46 ± 0.00 | 42.49±0.00 |
| Ct6 | 47.04±1.53 | 46.99 ± 0.08 | Ct15 | 48.65 ± 0.00 | 42.12±0.00 |
| Ct7 | 48.33±1.74 | 47.09±0.75 | Ct16 | 47.88±0.41 | 43.86±0.53 |
| Ct8 | 48.19±0.65 | 45.94±0.71 | Ct17 | 49.07±0.36 | 47.55±2.04 |
| Ct9 | 48.57±0.00 | 47.10±0.00 | Ct18 | 49.17±0.67 | 43.91±0.71 |

The data were expressed as means \pm SD. Different letters on right represent statistically significant results (p < 0.05) by T-test (n = 3), the same letter correspond to results that show no statistically significant differences.