

Table S2. Outcome-specific heterogeneity statistics and funnel-plot asymmetry results

Note. Heterogeneity statistics were calculated from study-level aggregated effect sizes. Funnel-plot asymmetry was assessed with an Egger-type regression test. Based on the manuscript k values, I^2 values for DOC and MBC were corrected to 99.1% and 99.6%, respectively.

Outcome	Q	I^2 (%)	Funnel-plot asymmetry
SOC	12931.95	99.9	Not significant ($p > 0.05$)
POC	7813.89	99.7	Not significant ($p > 0.05$)
MAOC	7909.31	99.7	Asymmetry detected ($p < 0.01$)
DOC	1519.77	99.1	Not significant ($p > 0.05$)
MBC	3036.37	99.6	Not significant ($p > 0.05$)
MAOC/SOC	7509.27	99.7	Not significant ($p > 0.05$)
POC/SOC	2914.11	99.1	Asymmetry detected ($p < 0.01$)