

Table S3. Publication-bias diagnostics (funnel plots, Egger test, and trim-and-fill)

Outcome	k (studies)	n (comparisons)	Pooled effect, % (95% CI)	Egger p	Trim-and-fill (side, k0)	Trim-and-fill adjusted, % (95% CI)
SOC	15	127	65.8 (34.7, 104.0)	0.235	right, 11	230.5 (119.9, 396.9)
POC	23	230	136.1 (93.3, 188.3)	0.604	right, 13	386.1 (211.7, 658.2)
MAOC	21	194	42.9 (32.0, 54.8)	0.001	right, 17	165.5 (104.6, 244.4)
DOC	14	78	22.9 (10.4, 36.8)	0.085	right, 10	86.0 (40.9, 145.6)
MBC	14	95	13.9 (-10.0, 44.2)	0.605	none	same as pooled
MAOC/SOC	20	182	-6.4 (-12.7, 0.4)	0.880	none	same as pooled
POC/SOC	19	176	13.5 (-13.3, 48.5)	0.008	right, 15	146.6 (68.1, 261.8)