

Table S2. Classic literature screened based on the co-citation relationship of recommended literature.

Title	Journal	Date	IF	PMID
Essential oils: their antibacterial properties and potential applications in foods--a review	Int J Food Microbiol	2004	5.277	15246235
Position of the academy of nutrition and dietetics: Vegetarian diets	J Acad Nutr Diet	2016	4.91	27886704
The impacts of dietary change on greenhouse gas emissions, land use, water use, and health: A systematic review	PLoS One	2016		27812156
Meat analogues: Health promising sustainable meat substitutes	Crit Rev Food Sci Nutr	2017	11.176	25898027
Association of animal and plant protein intake with all-cause and cause-specific mortality	JAMA Intern Med	2016		27479196
Plant-based dietary patterns and incidence of type 2 diabetes in US men and women: Results from three prospective cohort studies	PLoS Med	2016	11.069	27299701
Red and processed meat consumption and risk of incident coronary heart disease, stroke, and diabetes mellitus: a systematic review and meta-analysis	Circulation	2010		20479151
Replacement of meat by meat substitutes. A survey on person- and product-related factors in consumer acceptance	Appetite	2011	3.868	21315123
Can we cut out the meat of the dish? Constructing consumer-oriented pathways towards meat substitution	Appetite	2012	3.868	21983048
Food, livestock production, energy, climate change, and health	Lancet	2007	79.321	17868818
Global diets link environmental sustainability and human health	Nature	2014	49.962	25383533
Meat analog: a review	Crit Rev Food Sci Nutr	2015	11.176	24915320
A systematic review on consumer acceptance of alternative proteins: Pulses, algae, insects, plant-based meat alternatives, and cultured meat	Appetite	2021	3.868	33276014
A review of research on plant-based meat alternatives: Driving forces, history, manufacturing, and consumer attitudes	Compr Rev Food Sci Food Saf	2020		33336979
Comparison of nutritional quality of the vegan, vegetarian, semi-vegetarian, pesco-vegetarian and omnivorous diet	Nutrients	2014		24667136
Plant-based meat substitutes in the flexitarian age: An audit of products on supermarket shelves	Nutrients	2019	5.717	31671655
Healthful and unhealthful plant-based diets and the risk of coronary heart disease in U.S. Adults	J Am Coll Cardiol	2017	24.094	28728684
Vegetarian, vegan diets and multiple health outcomes: A systematic review with meta-analysis of observational studies	Crit Rev Food Sci Nutr	2017	11.176	26853923

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Eating like there's no tomorrow: Public awareness of the environmental impact of food and reluctance to eat less meat as part of a sustainable diet	Appetite	2016	3.868	26476397
Rationalizing meat consumption. The 4Ns	Appetite	2015	3.868	25865663
Dietary pattern analysis: a new direction in nutritional epidemiology	Curr Opin Lipidol	2002	4.776	11790957
Sustainability of meat-based and plant-based diets and the environment	Am J Clin Nutr	2003	7.045	12936963
Major dietary protein sources and risk of coronary heart disease in women	Circulation	2010		20713902
Type of vegetarian diet, body weight, and prevalence of type 2 diabetes	Diabetes Care	2009		19351712
Red meat consumption and mortality: results from 2 prospective cohort studies	Arch Intern Med	2012		22412075
Attached to meat? (Un)Willingness and intentions to adopt a more plant-based diet	Appetite	2015	3.868	26148456
Meat consumption, health, and the environment	Science	2018	47.728	30026199
Reducing food's environmental impacts through producers and consumers	Science	2018	47.728	29853680
Carcinogenicity of consumption of red and processed meat	Lancet Oncol	2015	41.316	26514947
Food in the anthropocene: the EAT-Lancet commission on healthy diets from sustainable food systems	Lancet	2019	202.731	30660336