

**Table S3. Core documents based on overlapping references between recommended and classic literature.**

<b>Title</b>	<b>Journal</b>	<b>Date</b>	<b>IF</b>	<b>PMID</b>
A review of research on plant-based meat alternatives: Driving forces, history, manufacturing, and consumer attitudes	Compr Rev Food Sci Food Saf	2020		33336979
Can plant-based meat alternatives be part of a healthy and sustainable diet?	JAMA	2019	56.272	31449288
Plant-based and cell-based approaches to meat production	Nat Commun	2020	14.919	33293564
Nutritional assessment of plant-based meat alternatives: A comparison of nutritional information of plant-based meat alternatives in Spanish supermarkets	Nutrients	2023	6.706	36986056
Perspective: Plant-based meat alternatives can help facilitate and maintain a lower animal to plant protein intake ratio	Adv Nutr	2023	11.567	36906147
Fermentation for designing innovative plant-based meat and dairy alternatives	Foods	2023	5.561	36900522
Consumer acceptance of plant-based meat substitutes: A narrative review	Foods	2022	5.561	35563997
Meet the meatless: Demand for new generation plant-based meat alternatives	Appl Econ Perspect Policy	2023	4.89	36936068
Plant-based meat analogues from alternative protein: A systematic literature review	Foods	2022	5.561	36140998
Preparation of whole-cut plant-based pork meat and its quality evaluation with animal meat	Gels	2023		37367132
Predicting the textural properties of plant-based meat analogs with machine learning	Foods	2023	5.561	36673436
Millennials' consumption of and attitudes toward meat and plant-based meat alternatives by consumer segment in Finland	Foods	2022	5.561	35159606
Plant-based meat alternatives: Technological, nutritional, environmental, market, and social challenges and opportunities	Nutrients	2023	6.706	36678323